



"Shine your light and make a positive impact on the world; there is nothing so honorable as helping improve the lives of others."

Serving the Southern Maryland Community since 1977

# LIFELINE



I am responsible when anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there, and for that I am responsible.

life-line | \ 'lif-, līn : 1. A rope or line used for life-saving, typically one thrown to rescue someone in difficulties in water. 2. A thing on which someone depends for a means of escape from a difficult situation. <https://en.oxforddictionaries.com>

## SHORT AND SWEET AND BRIEF, BRIEF, BRIEF

The Fourth Step is a daunting task. It is tackled only because of our commitment to go to any length to achieve sobriety or the pain is still so great that we will attempt the Fourth Step in order to find a promised relief.

tion would beckon I would head for another meeting as I always found temporary relief until the pain of living was greater than the fear of working the Fourth Step and what I might find out about myself. My sponsor would say Joseph until you work the Steps all the promises will not come true for you. I

course of action.

If it looks like your sponsee has Fourth Stepitus this format is suggested to keep them into action. This is suggested for the newcomer to get them through the Steps and to a spiritual experience as quickly and as thoroughly as possible. For the chronic relapse the need to be more thorough, use the suggested outline found in the Big Book of A.A. as this may be more appropriate for them. Each sponsee is different, be prayerful and always consult with your sponsor.

# ABBREVIATED FOURTH AND FIFTH STEP

I came into the rooms of recovery beaten into a state of reasonableness. I was humbled by a more powerful foe and now teachable. I found a sponsor and started working the Steps, Step One, Step Two, Step Three. I spoke in meetings, lots, and lots of meetings. I was accepted into my new found recovery community. I felt safe, I had hope, and the pain seemed to magically dissipate as I shared more and more in the meetings. I learned that a joy shared is twice the joy; as a sorrow shared is half the sorrow. The pink cloud, a program term that is an overwhelming sense of wellbeing, a reprieve from a hopeless state of mind body and spirit as an undeserved grace was obtained. My program of recovery languished into meetingmus maximus. Any time the sirens of addic-

have learned if you're not working the Steps, you might be sober but you're not in recovery.

## MANY STUMBLE AND FALL AND NEVER DO THE FOURTH STEP AT ALL

The Fourth Step is a daunting task. It is tackled only because of our commitment to go to any length to achieve sobriety or the pain is still so great that we will attempt the Fourth Step in order to find a promised relief. **MANY STUMBLE AND FALL AND NEVER DO THE FOURTH STEP AT ALL.** Four and Five are attached at the hip as I have never experience anyone completing a Fourth Step and refused to uncork the pent up sour vintage no matter how sharp the screw. Should thorough rob timely? We launched into a vigorous

## SIMPLE IS AS SIMPLE DOES

1. Get a pencil
2. Get a legal pad
3. The name of the person or institution that the resentment is held
4. The date
5. The incident

## EASY BREEZY

The A.A. Big Book says that it needs to be written. Keep it brief, no more information than can be written on one side of a legal pad.



(continued on page 2)

(continued)

## NO REASON TO BE FEARFUL, YOUR SPONSOR IS THERE TO HELP LIFT THE SPIRITUAL

The format for the Fourth Step as outlined in the Big Book comes into play with you and your sponsee together working the Fifth Step.

1. The cause
2. How it effects my: Sex relation, Self esteem (fear) Security, Personal relations
3. What was my part?
4. Fear inventory
5. Sex inventory
6. Character defects
7. The Seven Deadly Sins (behaviors that block us from spiritual growth)
8. Positive character attributes

### THE SEVEN DEADLY SINS (CHARACTER FLAWS)

**Pride** is excessive belief in one's own abilities that interferes with the individual's recognition of the grace of God. It has been called the sin from which all others arise. Pride is also known as Vanity.

**Envy** is the desire for others' traits, status, abilities, or situation.

**Gluttony** is an inordinate desire to consume more than that which one requires.

**Lust** is an inordinate craving for the pleasures of the body.

**Anger** is manifested in the individual who spurns love and opts instead for fury. It is also known as Wrath.

**Greed** is the desire for material wealth or gain, ignoring the realm of the spiritual. It is also called Avarice or Covetousness.

**Sloth** is the avoidance of physical or spiritual work

I have used this format and found it very productive and immensely valuable. It gets the sponsee through Step Four and Step Five in a timely manner. They can always go back and do another

Fourth Step if they feel it may be necessary after they have had a spiritual awakening as the result of these Steps. I asked my sponsor and he told me that he had a sponsee that did a one sentence Fourth Step and had been sober for Thirty years. (He refused to tell what that sentence was)

### Greg from Austin writes:

"On my 90th day of sobriety I went to workshop on the 12 steps. During the workshop we went through the steps with a partner. It was very fast and done with the idea that we would not linger too long on each step, more get an understanding of each step and gain some kind of experience with it. It made me think of Dr. Bob and how he worked people through the steps quickly. During this process I did an abbreviated 4th and 5th step with another alcoholic. I was amazed. I was able to get relief from some things that I had been carrying around since my early childhood. I felt great."

<https://rumradio.org/step-by-step-2/abbreviated-fourth-and-fifth-step/>

## A Letter From Bill Wilson On The Use Of The Lord's Prayer At A.A. Meetings - April 14, 1959

Dear Russ,

Am right sorry for my delay in answering. Lois and I were a long time out of the country and this was followed by an attack of the marathon type of flu that has been around here in New York. We are okay now, however, but I did want to explain my delay. Now about the business of adding the Lord's Prayer to each A.A. meeting. This practice probably came from the Oxford Groups who were influential in the early days of A.A. You have probably noted in AA Comes of Age what the connection of these people in A.A. really was. I think saying the Lord's Prayer was a custom of theirs following the close of each meeting. Therefore it quite easily got shifted into a general custom among us. Of course there will always be those who seem to be offended by the introduction of any prayer whatever into an ordinary A.A. gathering. Also, it is sometimes complained that the Lord's Prayer is a Christian document. Nevertheless this Prayer is of such widespread use and

recognition that the arguments of its Christian origin seems to be a little farfetched. It is also true that most A.A.s believe in some kind of God and that communication and strength is obtainable through His grace. Since this is the general consensus it seems only right that at least the Serenity Prayer and the Lord's Prayer be used in connection with our meetings. It does not seem necessary to defer to the feelings of our agnostic and atheist newcomers to the extent of completely hiding our light under a bushel. However, around here, the leader of the meeting usually asks those to join him in the Lord's Prayer who feel that they would care to do so. The worst that happens to the objectors is that they have to listen to it. This is doubtless a salutary exercise in tolerance at their stage of progress. So that's the sum of the Lord's Prayer business as I recall it. Your letter made me wonder in just what connection you raise the question. Meanwhile, please know just how much Lois and I treasure the friendship of you both. May Providence let our paths presently cross one of these days.

Devotedly yours, Bill Wilson

<https://aainthedesert.org/wp-content/uploads/2019/01/BILL-W.S-LETTER-ABOUT-THE-LORDS-PRAYER.pdf>

# DAILY INVENTORY

When we retire at night  
we constructively review our day.  
Were we resentful, selfish, dishonest or afraid

## PERSONALITY CHARACTERISTICS OF SELF-WILL

## PERSONALITY CHARACTERISTICS OF GOD'S WILL

- |                          |                          |                          |                             |
|--------------------------|--------------------------|--------------------------|-----------------------------|
| SELFISH AND SELF SEEKING | <input type="checkbox"/> | <input type="checkbox"/> | INTEREST IN OTHERS          |
| DISHONESTY               | <input type="checkbox"/> | <input type="checkbox"/> | HONESTY                     |
| FRIGHTENED               | <input type="checkbox"/> | <input type="checkbox"/> | COURAGE                     |
| INCONSIDERATE            | <input type="checkbox"/> | <input type="checkbox"/> | CONSIDERATE                 |
| PRIDE                    | <input type="checkbox"/> | <input type="checkbox"/> | HUMILITY-SEEKING GOD'S WILL |
| GREEDY                   | <input type="checkbox"/> | <input type="checkbox"/> | GIVING OR SHARING           |
| LUSTFUL                  | <input type="checkbox"/> | <input type="checkbox"/> | WHAT CAN WE DO FOR OTHERS   |
| ANGER                    | <input type="checkbox"/> | <input type="checkbox"/> | CALM                        |
| ENVY                     | <input type="checkbox"/> | <input type="checkbox"/> | GRATEFUL                    |
| SLOTH                    | <input type="checkbox"/> | <input type="checkbox"/> | TAKE ACTION                 |
| GLUTTONY                 | <input type="checkbox"/> | <input type="checkbox"/> | MODERATION                  |
| IMPATIENT                | <input type="checkbox"/> | <input type="checkbox"/> | PATIENCE                    |
| INTOLERANT               | <input type="checkbox"/> | <input type="checkbox"/> | TOLERANCE                   |
| RESENTMENT               | <input type="checkbox"/> | <input type="checkbox"/> | FORGIVENESS                 |
| HATE                     | <input type="checkbox"/> | <input type="checkbox"/> | LOVE-CONCERN FOR OTHERS     |
| HARMFUL ACTS             | <input type="checkbox"/> | <input type="checkbox"/> | GOOD DEEDS                  |
| SELF-PITY                | <input type="checkbox"/> | <input type="checkbox"/> | SELF FORGETFULNESS          |
| SELF-JUSTIFICATION       | <input type="checkbox"/> | <input type="checkbox"/> | HUMILITY-SEEK GOD'S WILL    |
| SELF-IMPORTANCE          | <input type="checkbox"/> | <input type="checkbox"/> | MODESTY                     |
| SELF-CONDEMNATION        | <input type="checkbox"/> | <input type="checkbox"/> | SELF-FORGIVENESS            |
| SUSPICION                | <input type="checkbox"/> | <input type="checkbox"/> | TRUST                       |
| DOUBT                    | <input type="checkbox"/> | <input type="checkbox"/> | FAITH                       |

### March 1

1939 — Readers Digest declined to write article on AA.

1941 — Jack Alexander's Saturday Evening Post article was published and membership jumped from 2,000 to 8,000 by year's end.

### March 3

1947 — Nell Wing started work at Alcoholic Foundation, 415 Lexington Avenue, NYC.

### March 4

1891 — Lois W. was born.  
1947 — Nell Wing met Bill W. for the first time.

### March 5

1945 — Time Magazine reported first of a series of Detroit radio broadcasts by AA members.

### March 7

1940 — Bill and Lois W. visited Philadelphia AA

group.

1941 — Boston newspaper reported that any drunk who wanted to get well was more than welcome at the AA meeting at 115 Newbury St., at 8 PM Wednesdays.

### March 9

1941 — Wichita Beacon reported on an AA member from NY who wanted to form a group in Wichita, KS.

### March 10

1944 — New York Inter-group was established.

### March 11

1949 — The Calix Society, an association of Roman Catholic alcoholics who are maintaining their sobriety through participation in Alcoholics Anonymous, was formed in Minneapolis by five Catholic AA members.

### March 15

# What Happened IN APRIL?

1941 — First AA group in New Haven, CN, was formed.

### March 16

1940 — Alcoholic Foundation and Works Publishing moved from Newark to 30 Vesey St. in lower Manhattan.

### March 21

1881 — Dr. Bob's wife, Anne, was born.

1966 — Ebby T., whom Bill W. called his sponsor, died sober.

### March 22

1951 — William Duncan Silkworth, MD, died at Towns Hospital. He helped more than 40,000 alcoholics during his lifetime.

1984 — Clarence S., "Home Brewmeister," died at 81.

### March 23

1936 — Bill & Lois W. visited Fitz M., "Our Southern Friend," in Maryland.

### March 25

1898 — Jim B. ("The Vicious Cycle") was born.

### March 31

1947 — 1st AA group formed in London, England.

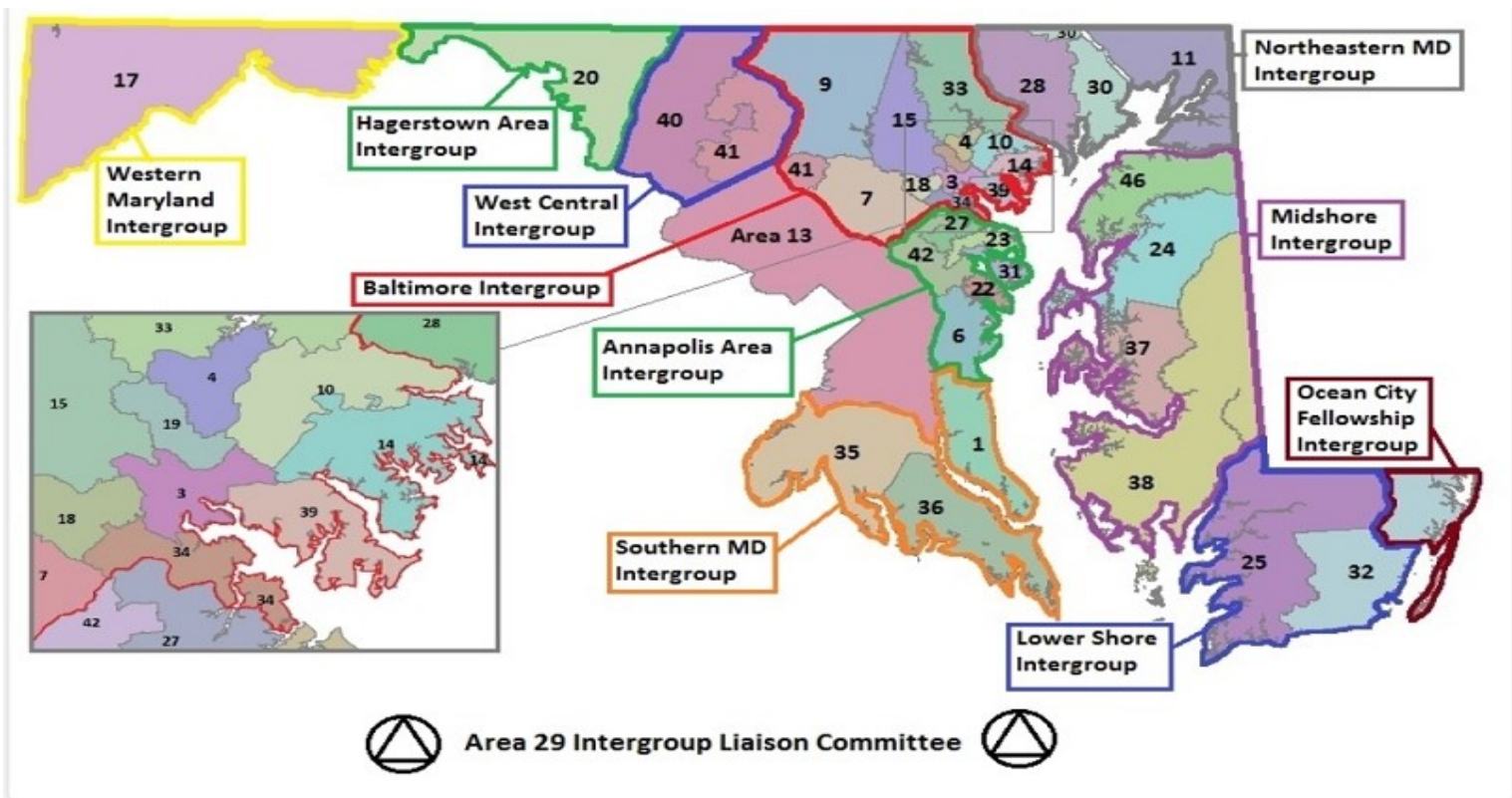
### Other undated March happenings:

1936 — AA had 10 members staying sober. At end of 1936 AA had 15 members.

1941 — 1st Prison AA Group was formed at San Quentin.

1951 — American Weekly publishes memorial article for Dr. Bob.

<https://www.aa-oregon.org/a-a-historical-events-in-march/>





I would like to take a few moments of your time to thank all the members and member groups of the Southern Maryland Intergroup Association for the opportunity to serve as your Chair for the past three years.

When I began this journey in April 2020, we were amid the COVID-19 Pandemic. Almost all our member groups had suspended their meetings, and we were navigating a relatively new concept for holding meetings; on-line through Zoom, Google Meet, and other forums.

We met those challenges, and by June 2020, meetings began to reopen under limited and specific circumstances. Also, and because of the issues we faced due to COVID, both the Phone and Bookstall Chair positions were vacated for a short while, but by January of 2021, both were filled by Melissa W., (Phone) and Buddy F., (Bookstall) who have performed

flawlessly.

Unfortunately, we lost several meetings during the pandemic, 25 in total. Additionally, the 2020 Serenity Breakfast, Picnic, and Gratitude Dinner all had to be cancelled. These were disheartening times, but day by day, we trudged through the worst of it and things started to look up! Cora W. agreed to extend her term as the Treasurer and Janine G. agreed to extend her term as the Vice-Chair. Meetings were rapidly reopening, and by the Summer of 2021, 102 meetings had reopened. We opened a new On-Line Bookstall and released a mobile app for the Android platform. We held the Serenity Breakfast later than usual in 2021, and we were also able to hold the Gratitude Dinner in November 2021.

By Spring 2022, we elected a new Vice-Chair (Katherine L.), a new Treasurer (Rebecca B.) and a new Parliamentarian (Rob A.). We extended the Chair and Secretary positions for one additional year to maintain a consistent rotation. Additionally, nearly all of our groups were meeting in person, the Serenity Breakfast

was held on-schedule, and we had released a new printed Where and When for the first time in almost two years. Melissa had introduced and implemented a new phone service that saved thousands of dollars and insured that callers were directed to the best available person. We were also successful in consolidating the SMIA and District 1 Meeting Guide feeds, which ensured that our meeting information was accurate.

As we completed 2022, and moved into 2023, most everything the SMIA does to support our member groups had returned to normal. While we did have our fair share of challenges, it was a genuine blessing to serve as your Chair. I cannot overstate the support I received from the other Board members and Committee Chairs. It was phenomenal.

I will continue to serve as your webmaster for as long as you need me, and I'll also be serving as your Bookstall Chair for the foreseeable future. So again, I'd like to express my sincere gratitude for the opportunity to serve as your Chair. God Bless you all. *Bill L.*

The origins of Alcoholics Anonymous can be traced to the Oxford Group, a religious movement popular in the United States and Europe in the early 20th century. Members of the Oxford Group practiced a formula of self-improvement by performing self-inventory, admitting wrongs, making amends, using prayer and meditation, and carrying the message to others.

In the early 1930s, a well-to-do Rhode Islander, Rowland H., visited the noted Swiss psychoanalyst Carl Jung for help with his alcoholism. Jung determined that Rowland's case was medically hopeless, and that he could only find relief through a vital spiritual experience. Jung directed him to the Oxford Group.

## ORIGINS

Rowland later introduced fellow Vermonter Edwin ("Ebby") T. to the group, and the two men along with several others were finally able to keep from drinking by practicing the Oxford Group principles.

One of Ebby's schoolmate friends from Vermont, and a drinking buddy, was Bill W. Ebby sought out his old friend at his home at 182 Clinton Street in Brooklyn, New York, to carry the message of hope.

Bill W. had been a golden boy on Wall Street, enjoying success and power as a stockbroker, but his promising career had been ruined by continuous and chronic

alcoholism. Now, approaching 39 years of age, he was learning that his problem was hopeless, progressive, and irreversible. He had sought medical treatment at Towns Hospital in Manhattan, but he was still drinking.

Bill was, at first, unconvinced by Ebby's story of transformation and the claims of the Oxford Group. But in December 1934, after again landing in Towns hospital for treatment, Bill underwent a powerful spiritual experience unlike any he had ever known. His depression and despair were lifted, and he felt free and at peace. Bill stopped drinking, and worked the rest of his life to bring that freedom and peace to other alcoholics. The roots of Alcoholics Anonymous were planted.

**CARC IV**  
 Conference Agenda Review Committee  
 Districts 7, 9, 17, 20, 40 and 41  
 Saturday April 1<sup>st</sup> 11AM - 2PM  
 (If presentations are not complete on April 1st, we will have an  
 addition meeting on April 8<sup>th</sup>)  
 (Same time and zoom meeting ID as on April 1<sup>st</sup>)  
**ZOOM**  
 Meeting ID: 813 8492 2016  
 Passcode: 729716  
 Join Zoom Meeting  
<https://us02web.zoom.us/j/81384922016?pwd=WXowTjB6QWt0YkUvUTRCCzBPK0FYQT09>

*ALL AA MEMBERS WELCOME!*

Do you want to be involved in New Literature for AA, changes to the 12&12 Books or helping AA to become more inclusive?

CARCs give you the opportunity to hear the items to be consider at the 2023 General Service Conference in April 2023.

Then you can have your voice heard by our Area 29 Delegate, Kurt W. and help prepare him for the 2023 Conference.

Please contact Mike F. with any questions:  
[D41area29maryland@gmail.com](mailto:D41area29maryland@gmail.com)

# AREA 29 MINI-CONFERENCE

**ALL AA MEMBERS ARE  
ENCOURAGED TO ATTEND!**

**SATURDAY, APRIL 15, 2023**  
**9:00AM-3:30PM**  
**8:30AM ORIENTATION**

**BE INVOLVED....**Your views, opinions, and experience are essential to our Delegate, Kurt W.

**BE INFORMED.....**Our Area 29 trusted servants will share agenda items to be discussed at the General Service Conference.

**BE INSPIRED....** It's up to us to ensure that the AA program is here anytime, anywhere when someone reaches out for help.

|                                                                                                                                                                                                        |                                                                                                                                                                                                                   |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>HYBRID MEETING:</b></p> <p>Severna Park United Methodist Church<br/>         731 Benfield Road,<br/>         Severna Park, MD 21146</p> <p>Zoom ID: 335 232 9265<br/>         Passcode: mini</p> | <p><b>BE OF SERVICE:</b></p> <ul style="list-style-type: none"> <li>Come discuss GSC agenda items and make recommendations to the Delegate, Kurt W.</li> <li>Bring your sponsor, sponsee or a newcomer</li> </ul> |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

Coffee, snacks and FREE lunch provided!

For more information, contact Terry P. at [altdelegate@marylandaa.org](mailto:altdelegate@marylandaa.org)

## DISTRICT 19 SPRING WORKSHOP

SATURDAY 4/29, 1PM-4PM  
 NORTH BALTIMORE MENNONITE CHURCH  
 4615 ROLAND AVE

"CARRYING THE MESSAGE"  
 -SPONSORSHIP  
 -PRACTICING PRINCIPLES  
 -SERVICE IN OTHER FORMS  
 PIZZA & REFRESHMENTS PROVIDED

## DISTRICT 35 FOURTH STEP WORKSHOP

### Writing a 4<sup>th</sup> Step Inventory as outlined in the Big Book

Saturday April 29th, 2023

LifeStream Church of the Nazarene  
 5105 Leonardtown Rd, Waldorf, MD 20601

11:30-12:15 Food and Fellowship  
 12:15-12:30 Opening Remarks (Dan W., D35 DCM)  
 12:30 Interactive Fourth Step with John W.

**Bring: Your Big Book**

# 12<sup>TH</sup> ANNUAL SOUTHERN MARYLAND ROUND-UP

May 5-7, 2023

Hollywood Volunteer Fire Department  
Hollywood, Maryland

# SERVICE IS THE SECRET



## SPEAKERS:

Christina G. Brecksville, OH    Jane L. Tallahassee, FL  
Karl M. Covina, CA    Edith P. Omaha, NE  
Les B. North Port, FL    Marty C. Hamilton, ONT  
Mike F. Aurora, CO    Hosea M. Washington, DC



## -PRICING-

Early registration fee of \$35 per person includes all Workshops, Speakers, and Fellowship for the three day program. Tickets for Banquet Dinner (\$30) sold separately.

Starting April 1st, the registration fee is \$40  
Register online at:

[www.southernmarylandroundup.org](http://www.southernmarylandroundup.org)

Register by mail by May 1st. Make check or money order payable to:  
Southern Maryland Round-Up

Mail to: P.O. Box 427, Dunkirk, Md 20754

After May 1st, check the website for registration availability.

All registrations FINAL. No refunds - pass it on to a friend of Bill's if unable to attend.

Outstanding Speakers!  
Fellowship!  
AA & Al-Anon Workshops & Meetings!  
Sobriety Countdown!  
Hospitality Corner!  
On-site Recovery Store! T-shirts!  
AND MORE!



## 12<sup>TH</sup> ANNUAL SOUTHERN MARYLAND ROUND-UP

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Special Needs:    Yes    No

Describe: \_\_\_\_\_

Registration:    \$ \_\_\_\_\_

Banquet:    \$ \_\_\_\_\_

Hospitality Donation:    \$ \_\_\_\_\_

Lend a hand to those unable to pay the Registration Fee:    \$ \_\_\_\_\_

TOTAL:    \$ \_\_\_\_\_

**2023**  
**SERVICE IS**  
**THE SECRET**

For conference and lodging information, please visit

[www.southernmarylandroundup.org](http://www.southernmarylandroundup.org)

or email: [info@somdroundup.com](mailto:info@somdroundup.com)

HOST: AREA 29 CORRECTIONS COMMITTEE

GRAPEVINE PARTICIPATION



## Corrections Workshop

TOPIC:

### Corrections Correspondence

LUNCH PROVIDED

SATURDAY, APRIL 29TH  
12-3:30 PM  
SAINT STEPHENS CHURCH  
901 COURTNEY ROAD  
ARBUTUS, 21227



CO-HOSTS: DISTRICT 4 & DISTRICT 18

## CARRYING THE MESSAGE INTO TREATMENT FACILITIES

Saturday, May 6th from 11:00 to 2:00pm  
South Shore Recovery Club  
1199 Generals Hwy  
Crownsville, MD 21032

You are invited to attend a workshop hosted by Maryland General Service (MGS) Treatment Committee in collaboration with District 42.

LUNCH WILL BE SERVED!



- 11:00 am Welcome- Diane F., Area 29 Treatment Committee Chair
- 11:15 am Bringing an AA meeting into a Treatment Facility
- 12:00 pm Lunch
- 12:30 pm Treatment Facility Speaker
- 1:15 pm Bridging the Gap (BTG) and Q&A Session
- 2:00 pm Close with Responsibility Statement



**AREA 29**  
MARYLAND GENERAL SERVICE, INC.

Hosted by District 22

May Assembly  
May 20, 2023

### Who should attend:

All GSRs, Alt-GSRs, DCMs, Alt-DCMs, District Officers, Committee Chairs, Alt-Committee Chairs, and Area Officers...AND of course EVERYONE IS WELCOME!

Registration begins at 8:00 a.m.

GSR/DCM Orientation 8:20 a.m.

Assembly is called to order at 9:00 a.m.

**Come in person or join virtually!**

SEVERNA PARK UNITED  
METHODIST CHURCH  
731 BENFIELD ROAD  
SEVERNA PARK, MD 21146

VIRTUAL MEETING  
INFORMATION:  
MEETING ID: 873 0539 6886  
PASSCODE: 077854  
MOBILE (301) 715-8592

### Delegate Report Back

Area 29 Delegate Kurt W. will report back on the 73rd General Service Conference. Learn the outcome of some of the agenda items presented at the CARCs and Mini-Conference.

### Contact us:

If you need a copy of the monthly financials, meeting agenda or district/committee report forms, please email [secretary@marylandaa.org](mailto:secretary@marylandaa.org)

If you want to be added to the Area 29 email list, please email [registrar@marylandaa.org](mailto:registrar@marylandaa.org)  
[www.marylandaa.org](http://www.marylandaa.org)

## General Service Representative

*What does a GSR do?  
How can you help your home group and the still suffering Alcoholic?*

Join us for a Zoom  
GSR Discussion /  
Q&A

2nd Saturday of each month, 10 am  
Meeting ID: 818 6222 7157  
No PW  
*+ Special guests*

*Hosted by Area 29*



# APRIL 2023

| SUN                                         | MON                                                                                  | TUE                                                                                               | WED                                        | THU                                                                                                    | FRI | SAT                                                                                      |
|---------------------------------------------|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|--------------------------------------------|--------------------------------------------------------------------------------------------------------|-----|------------------------------------------------------------------------------------------|
|                                             |                                                                                      |                                                                                                   |                                            |                                                                                                        |     | 1<br><b>Bob E., 29 yrs, Saturday AM Breakfast</b>                                        |
| 2                                           | 3<br><b>Michele B., 7 years and Trish D., 6 yrs, Monday Night Traditions</b>         | 4                                                                                                 | 5<br><b>Roger M., 14 yrs, Living Sober</b> | 6                                                                                                      | 7   | 8<br><b>John O'G., 26 yrs, Happy Hour</b><br><br><b>Kris F., 2 yrs, Helping Others</b>   |
| 9                                           | 10<br><b>Rex B., 1 yr, Florida Keys</b>                                              | 11                                                                                                | 12<br><b>Tiffany S., 1 yr, Cove Point</b>  | 13<br><b>Gisela R., 32 yrs, Almost Normal</b>                                                          | 14  | 15<br><b>Janique, 7 yrs, Waldorf</b><br><br><b>Lauren H., 3 yrs, Laurel Grove</b>        |
| 16<br><b>Daniel H., 8 yrs, Living Sober</b> | 17                                                                                   | 18<br><b>Chuck M., 6 yrs, Sobriety First</b><br><br><b>Phyllis B., 42 yrs, Emotional Sobriety</b> | 19                                         | 20<br><b>Keith T., 5 yrs, Basic Text</b>                                                               | 21  | 22<br><b>Chelsea B., 10 yrs, Early Bird</b><br><br><b>Joe B., 33 yrs, Helping Others</b> |
| 23<br><b>Joshua J., 9 yrs, KISS</b>         | 24                                                                                   | 25                                                                                                | 26                                         | 27<br><b>Neil, 35 yrs and Frank G., 4 yrs, Poplar Hill</b><br><br><b>Jamie, 2 yrs, St Charles Step</b> | 28  | 29                                                                                       |
| 30<br><b>Cait B., 18 yrs, ODAAT</b>         |  |                                                                                                   |                                            |                                                                                                        |     |                                                                                          |

# MAY 2023

SUN

MON

TUE

WED

THU

FRI

SAT

Good Job!

1

2

3

4

5

6

Taylor C., 2 yrs, Helping Others

Patrick D., 9 yrs

High Paw!

7

8

9

10

11

12

13

Marc T., 10 yrs, Cove Point

14

15

16

17

18

19

20

Russell D., 3 yrs, Blue Top @ Noon

Jose L., 4 yrs, Early Bird

21

22

23

24

25

26

27

28

29

30

31



**2023 Calendar for Area 29 Maryland General Service, Inc.**

**All Committee and Assembly meetings will continue to be offered via Hybrid for foreseeable future.**

|          |                                                                                                     |
|----------|-----------------------------------------------------------------------------------------------------|
| April 15 | Area 29 Mini Conference<br>Severna Park United Methodist Church, 731 Benfield Rd., Severna Park, MD |
|----------|-----------------------------------------------------------------------------------------------------|

May 20 Area Assembly: Delegate Report Back from GSC, **hosted by District 22**  
Severna Park United Methodist Church, 731 Benfield Rd., Severna Park, MD

July 15 Area Committee, **hosted by District 10**  
St. John’s Lutheran Church, 8808 Harford Road, Parkville, MD 21234

|           |                                                                                                                        |
|-----------|------------------------------------------------------------------------------------------------------------------------|
| August 19 | Area Assembly, <i>host District needed</i><br>Severna Park United Methodist Church, 731 Benfield Rd., Severna Park, MD |
|-----------|------------------------------------------------------------------------------------------------------------------------|

September Area Committee will be scheduled if necessary.

|            |                                                                                                                                        |
|------------|----------------------------------------------------------------------------------------------------------------------------------------|
| October 21 | Area Assembly: Area Elections, <i>host District needed</i><br>Severna Park United Methodist Church, 731 Benfield Rd., Severna Park, MD |
|------------|----------------------------------------------------------------------------------------------------------------------------------------|

November 18 Area Committee, **hosted by District 20**  
Otterbein United Methodist Church, 108 East Franklin St., Hagerstown, MD

December 16 Area Assembly, **hosted by District 40**  
Trinity United Methodist Church, 703 West Patrick St., Frederick, MD 21701

**IMPORTANT: NOTE DATE CHANGE FOR DECEMBER MEETING!!**

- Zoom link for Hybrid option will be included in emailed meeting invitation each month
  - 8 a.m. to 9 a.m. Coffee, donuts, and fellowshiping
  - 8:20 a.m. Orientation for new GSRs and DCMs
  - Attendees will be asked to provide your own lunch.
- 9 a.m. to 3 p.m. Business Meeting (meeting ends when business is concluded).
- Meetings may be subject to COVID restrictions as determined by the facility. These will be communicated via email prior to that meeting



We will be electing a new Secretary at the April 2023 meeting on 4/8/23 at 10:00 AM. If you are interested in any of these positions or you know a suitable candidate, please complete the form below and be sure that you or the person you are nominating attends in person or joins the Zoom meeting.

# NOT QUITE RIGHT

The Not Quite Right Group

8:00pm. Friday Nights

Good Samaritan Lutheran Church

20850 Langley Rd. (Middle Building)

Lexington Park, Md.

Is in need of Support

and Home Group Members

# CLEAN AIR GROUP

The Clean Air Group

Is in need of support

And home group members

Come on out and check us out

Friday nights 6:30pm.

St. Andrews Episcopal Church

44078 St. Andrews Church Rd.

**SUPPORT YOUR  
LOCAL GROUPS!!!**

# "BLUE TOP @ NOON"

Lexington Park United Methodist Church

21760 Great Mills Road

12:00 noon

Tuesday, Wednesday, Thursday

Tuesday will be the Daily Reflections

Wednesday will be the Big Book

Thursday will be a Step/Tradition meeting

Come check us out and join our group!



**THE "WHAT'S THE POINT!"**

**A.A. MEETING**

BIG BOOK  
AS BILL SEES IT  
GRAPEVINE  
TWELVE  
&  
TWELVE



ALL MEETINGS  
ARE  
LITERATURE  
BASED  
EACH WEEK IS  
DIFFERENT  
A.A. APPROVED  
LITERATURE

**COME OUT AND CHECK US OUT**

**GOOD SAMARITAN LUTHERAN CHURCH**

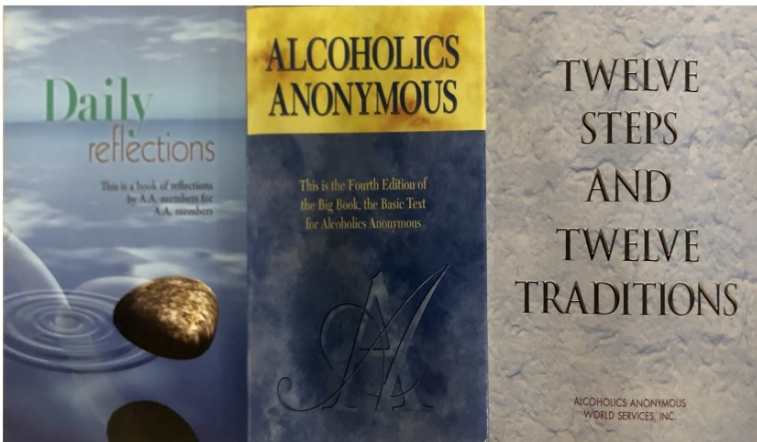
**20850 LANGLEY RD. LEXINGTON PARK**

**THURSDAY EVENINGS 8:00 PM.**

**WE ARE LOOKING FOR HOME GROUP MEMBERS**

**WE HAVE SERVICE POSITIONS TO BE FILLED**

**COME OUT AND FIND OUT  
WHAT'S THE POINT! OF LIVING  
THIS LIFE OF RECOVERY  
AND HOW WE DO THIS  
"ONE DAY AT A TIME."**



**Area 29**  
Maryland  
State  
Convention



**51<sup>st</sup> Annual Area 29**  
Maryland State Convention  
August 4-6, 2023

Hosted by Maryland General Service, Inc. with  
Al-Anon Participation

Held at the Delta Hotel by Marriott—Hunt Valley  
245 Shawan Road, Hunt Valley, MD 21031

Spanish & ASL Interpretation will be provided  
with additional accommodations for the hard of hearing

| AA Speakers                                                                                   | Friday, August 4th                                     | Saturday, August 5th                                 |
|-----------------------------------------------------------------------------------------------|--------------------------------------------------------|------------------------------------------------------|
| Amalia C.—Farmington, CT<br><i>(Friday, 1 pm)</i>                                             | 7:00 am Registration Opens                             | 7:00 am Registration Opens                           |
| Stephanie L.—Eastampton, NJ<br><i>(Friday, 4 pm)</i>                                          | 8:15 am Prayer and Meditation                          | 8:15 am Prayer and Meditation                        |
| Barclay R.—Nashville, TN<br><i>(Friday, 7:30 pm)</i>                                          | 10:00 am Workshops                                     | 9:00 am AA Speaker Meeting                           |
| Greg T.—South Deerfield, MA<br><i>(Saturday, 9 am)</i>                                        | 11:30 am Lunch on your own                             | 10:30 am Al-Anon Speaker Meeting                     |
| Jimmy A.—Spring Lake Heights, NJ<br><i>(Saturday, 7:30 pm)</i>                                | 11:30 am Workshops/Delegate Report                     | 12:00 pm Lunch A La Carte                            |
| Sara V.—Frederick, MD<br><i>(Sunday, 10 am)</i>                                               | 1:00 pm AA Speaker Meeting                             | 1:00 pm Old Timers Panel                             |
| <b>Al-Anon Speaker</b><br>Katie C.—Frederick, MD<br><i>(Saturday, 10:30 am)</i>               | 2:30 pm Workshops                                      | 2:30 pm Workshops                                    |
| <b>Open AA and Al-Anon Meetings</b><br>at intervals each day                                  | 4:00 pm AA Speaker Meeting                             | 4:00 pm Delegate Report                              |
|                                                                                               | 6:00 pm Dinner on your own                             | 5:30 pm Dinner Banquet                               |
|                                                                                               | 7:30 pm AA Speaker Meeting                             | 7:00 pm Meet Area 29 Officers and Sobriety Countdown |
|                                                                                               | 9:00 pm Ice Cream Social with Live Music               | 7:30 pm AA Speaker Meeting                           |
|                                                                                               | 10:00 pm AA History Presentation: Founding Moments     | 9:00 pm Ice Cream Social/Live Music                  |
|                                                                                               |                                                        | 10:00 pm Recovery Talent Show                        |
| <b>Evening Activities</b><br>Ice Cream Socials (\$5 each night)<br>Live Music and Talent Show | <b>Pre-Registration Gift!</b><br>Limit 600<br>See Back | <b>Sunday, August 6th</b>                            |
|                                                                                               |                                                        | 9:15 am Prayer and Meditation                        |
|                                                                                               |                                                        | 10:00 am AA Speaker Meeting                          |

Convention Hotel Room Rate: \$124/per night + tax  
Hotel reservations must be made by Sunday, July 9, 2023  
For hotel reservations, call 844-781-7404  
(Code: MGS 2023 State Convention)  
For online hotel reservations click on—  
[Book your group rate for MGS 2023 State Convention](https://www.marriott.com/event-reservations/reservation-link.mi?id=1666295673654&key=GRP&app=resvlink)  
<https://www.marriott.com/event-reservations/reservation-link.mi?id=1666295673654&key=GRP&app=resvlink>

**Area 29**  
Maryland  
State  
Convention



**51a Reunión Anual Área 29**  
Convención Estatal de Maryland  
Del 4-6 de agosto del 2023

A cargo de Maryland General Service, Inc. con  
la participación de Al-Anon

Celebrada en el Hotel Delta de Marriott—Hunt Valley  
245 Shawan Road, Hunt Valley, MD 21031

Se proporcionará interpretación en español y  
lenguaje americano de señas con adaptaciones adicionales  
para personas con problemas de audición

| Oradores AA                                                                                                         | Viernes 4 de agosto                                                  | Sábado 5 de agosto                                                 |
|---------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|--------------------------------------------------------------------|
| Amalia C.—Farmington, CT<br><i>(Viernes, 1 pm)</i>                                                                  | 7:00 am Se abre el registro                                          | 7:00 am Se abre el registro                                        |
| Stephanie L.—Eastampton, NJ<br><i>(Viernes, 4 pm)</i>                                                               | 8:15 am Oración y meditación                                         | 8:15 am Oración y meditación                                       |
| Barclay R.—Nashville, TN<br><i>(Viernes, 7:30 pm)</i>                                                               | 10:00 am Talleres                                                    | 9:00 am Reunión con orador AA                                      |
| Greg T.—South Deerfield, MA<br><i>(Sábado, 9 am)</i>                                                                | 11:30 am Almuerzo por su cuenta                                      | 10:30 am Reunión con orador Al-Anon                                |
| Jimmy A.—Spring Lake Heights, NJ<br><i>(Sábado, 7:30 pm)</i>                                                        | 11:30 am Talleres/Informe del delegado                               | 12:00 pm Almuerzo a la carta                                       |
| Sara V.—Frederick, MD<br><i>(Domingo, 10 am)</i>                                                                    | 1:00 pm Reunión con orador de AA                                     | 1:00 pm Panel de veteranos                                         |
| <b>Al-Anon Orador</b><br>Katie C.—Frederick, MD<br><i>(Sábado, 10:30 am)</i>                                        | 2:30 pm Talleres                                                     | 2:30 pm Talleres                                                   |
| <b>Aperura de reuniones</b><br>AA y Al-Anon<br>a intervalos cada día                                                | 4:00 pm Reunión con orador de AA                                     | 4:00 pm Reporte del delegado                                       |
|                                                                                                                     | 6:00 pm Cena por su cuenta                                           | 5:30 pm Cena Banquete                                              |
|                                                                                                                     | 7:30 pm Reunión con orador de AA                                     | 7:00 pm Conozca a los oficiales de Área 29 y de Sobriety Countdown |
|                                                                                                                     | 9:00 pm Convivencia con helado y música en vivo                      | 7:30 pm Reunión con orador de AA                                   |
|                                                                                                                     | 10:00 pm Presentación de la historia de AA: Momentos de su fundación | 9:00 pm Convivencia con helado y música en vivo                    |
|                                                                                                                     |                                                                      | 10:00 pm Espectáculo de talento en recuperación                    |
| <b>Actividades nocturnas</b><br>Convivencia con helado (\$5 cada noche)<br>Música en vivo y espectáculo de talentos | <b>¡Regalo de pre-registro!</b><br>Limitado a 600<br>Ver el reverso  | <b>Domingo 6 de agosto</b>                                         |
|                                                                                                                     |                                                                      | 9:15 am Oración y meditación                                       |
|                                                                                                                     |                                                                      | 10:00 am Reunión con orador de AA                                  |

Tarifa del Hotel por cuarto para la convención: \$124/por noche + impuestos  
Las reservaciones del Hotel deben hacerse antes del domingo 9 de julio de 2023  
Reserve al: 844-781-7404  
(Código: MGS2023 Convención estatal)  
Para reservar en línea ingrese a:  
[Book your group rate for MGS 2023 State Convention](https://www.marriott.com/event-reservations/reservation-link.mi?id=1666295673654&key=GRP&app=resvlink)  
<https://www.marriott.com/event-reservations/reservation-link.mi?id=1666295673654&key=GRP&app=resvlink>

**Pre-Registration Gift—51st MGS Convention Pin—First 600 pre-registrations!**  
**51<sup>st</sup> Annual Area 29 Maryland State Convention**

**Registration and Meal Selection**  
Register online at <http://www.marylandaa.org/state-convention>  
Online registration payment by credit card or PayPal is \$38, including a \$2 convenience fee.  
Registration payment by check is \$36. Make check payable to MGS State Convention.  
Mailing address for hardcopy/check registration is:  
MGS Convention  
P.O. Box 9879  
Towson, MD 21284

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
Address: \_\_\_\_\_ Email: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Please contact me regarding Service Opportunities at the Convention:  Yes Phone #: \_\_\_\_\_  
I require accessibility accommodations at the Convention. Please list: \_\_\_\_\_

**Area 29**  
Maryland  
State  
Convention

**Registration Options**

| Registration Options             | Cost        | # of Registrants | Subtotal   |
|----------------------------------|-------------|------------------|------------|
| AA Registrants                   | \$36/person | X _____          | = \$ _____ |
| Al-Anon Registrants              | \$36/person | X _____          | = \$ _____ |
| <b>Saturday Lunch—A La Carte</b> | \$34.00     | X _____          | = \$ _____ |

Rotisserie style chicken served with warm rolls & butter, classic Caesar salad, au gratin scalloped potatoes, seasonal vegetables, New York style cheesecake, premium coffee, tea, and iced tea.

**Saturday Banquet—Seating limited to 200—(Must Specify Meal Option 1-4 Below)**  
Plated meals served with warm rolls & butter, mixed green salad, New York style cheesecake, premium coffee, tea, and iced tea.

|                                                                                                                             |         |         |            |
|-----------------------------------------------------------------------------------------------------------------------------|---------|---------|------------|
| <b>Option 1:</b> Chicken piccata with lemon caper sauce, Yukon gold smashed potatoes, seasonal vegetables.                  | \$51.00 | X _____ | = \$ _____ |
| <b>Option 2:</b> White fish Veracruz with capers, olives, peppers sauteed, Saffron cilantro rice, seasonal vegetables.      | \$54.00 | X _____ | = \$ _____ |
| <b>Option 3:</b> Roasted pork tenderloin with mushroom marsala demi glaze, parley fingerling potatoes, seasonal vegetables. | \$55.00 | X _____ | = \$ _____ |
| <b>Option 4:</b> Vegetarian lasagna, seasonal vegetables.                                                                   | \$49.00 | X _____ | = \$ _____ |
| <b>Total Amount Due:</b>                                                                                                    |         |         | = \$ _____ |

**¡Regalo de pre registro—Broche conmemorativo 51st MGS—Primeros 600 pre-registros!**  
**51a Convención Estatal Anual en Maryland de Área 29**

**Registro y selección de comidas**  
Registro en línea: <http://www.marylandaa.org/state-convention>  
Pago de registro en línea con tarjeta de crédito o PayPal es de \$38, incluye \$2 como tarifa de conveniencia.  
Pago de registro con cheque es de \$36. Girar el cheque a nombre de MGS State Convention.  
La dirección para el registro de cheques/copia impresa es  
MGS Convention  
Apartado Postal 9879  
Towson, MD 21284

Nombre: \_\_\_\_\_ Apellido: \_\_\_\_\_  
Dirección: \_\_\_\_\_ Correo Electrónico: \_\_\_\_\_  
Ciudad: \_\_\_\_\_ Estado: \_\_\_\_\_ Código postal: \_\_\_\_\_

Comuníquese con nosotros respecto a oportunidades de servicio en la Convención:  Sí Teléfono #: \_\_\_\_\_  
Requiero adaptaciones de accesibilidad en la convención. Enumérelas: \_\_\_\_\_

**Area 29**  
Maryland  
State  
Convention

**Opciones de registro**

| Opciones de registro              | Cost         | # Participantes | Subtotal   |
|-----------------------------------|--------------|-----------------|------------|
| Participantes de AA               | \$36/persona | X _____         | = \$ _____ |
| Participantes de Al-Anon          | \$36/persona | X _____         | = \$ _____ |
| <b>Almuerzo sábado—A la carta</b> | \$34.00      | X _____         | = \$ _____ |

Pollo asado servido con panecillos calientes y mantequilla, ensalada clásica César, papas gratinadas, vegetales de la temporada, pastel de queso estilo New York, café premium, té y té helado.  
**Banquete sábado—Asientos limitados a 200—(Debe especificar las opciones de comida 1-4 a continuación)**  
Platos servidos con panecillos tibios y mantequilla, ensalada verde mixta, pastel de queso al estilo Nueva York, café premium, té, té helado.

|                                                                                                                                              |         |         |            |
|----------------------------------------------------------------------------------------------------------------------------------------------|---------|---------|------------|
| <b>Opción 1:</b> Pollo piccata con salsa de alcaparras al limón, puré de patatas Yukon, vegetales de temporada.                              | \$51.00 | X _____ | = \$ _____ |
| <b>Opción 2:</b> Pescado blanco Veracruz con alcaparras, aceitunas, chiles, salteados, arroz con azafrán y cilantro, vegetales de temporada. | \$54.00 | X _____ | = \$ _____ |
| <b>Opción 3:</b> Lomo de cerdo asado con demi glaseado de hongos marsala, Bastones de papas con perejil, vegetales de temporada.             | \$55.00 | X _____ | = \$ _____ |
| <b>Opción 4:</b> Lasaña vegetariana, vegetales de la temporada                                                                               | \$49.00 | X _____ | = \$ _____ |
| <b>Cantidad Total:</b>                                                                                                                       |         |         | = \$ _____ |

# RECOVERY



What society thinks I do



What my family thinks I do



What my friends think I do



What my sponsees think I do



What my sponsor thinks I do



What I actually do

[FACEBOOK.COM/WATERSHEDRECOVERY](https://www.facebook.com/watershedrecovery)

[@WATERSHEDCARES](https://www.instagram.com/watershedcares)

Little known fact: Before the crowbar was invented.

Crows simply drank at home.



**"THE IDEA OF FAITH IS A VERY LARGE CHUNK TO SWALLOW WHEN FEAR, DOUBT AND ANGER ABOUND IN AND AROUND ME. SOMETIMES JUST THE IDEA OF DOING SOMETHING DIFFERENT, SOMETHING I AM NOT ACCUSTOMED TO DOING, CAN EVENTUALLY BECOME AN ACT OF FAITH IF I DO IT REGULARLY, AND DO IT WITHOUT DEBATING WHETHER IT'S THE RIGHT THING TO DO. WHEN A BAD DAY COMES ALONG AND EVERYTHING IS GOING WRONG, A MEETING OR A TALK WITH ANOTHER DRUNK OFTEN DISTRACTS ME JUST ENOUGH TO PERSUADE ME THAT EVERYTHING IS NOT QUITE AS IMPOSSIBLE, AS OVERWHELMING AS I HAD THOUGHT. IN THE SAME WAY, GOING TO A MEETING OR TALKING TO A FELLOW ALCOHOLIC ARE ACTS OF FAITH; I BELIEVE I'M ARRESTING MY DISEASE. THESE ARE WAYS I SLOWLY MOVE TOWARD FAITH IN A HIGHER POWER." ALCOHOLICS ANONYMOUS, P. 47**

# SMIA MEETING MINUTES 3/11/23

**Opening:** Bill L. opened with the Serenity Prayer and Responsibility Statement.

**Board Members present:** Bill L. - Chair, Katherine L. – Vice Chair, Rebecca B. – Treasurer, Rob A. – Parliamentarian and Tressie F. - Secretary

**Groups & Committees Represented:**

John Z. – 12x12 for Serenity/ Archives, Paul S. – Cove Point, Todd M. - St. Charles Step, Craig W. – Waldorf, Nathan H. – Waldorf, Scott T. – Grapevine, Buddy F. – Basic Text/ Bookstall, Jamie R. – North Beach, Jeremy B. – Harmony, Roy B. – Solomons, Lorraine J. – Bedouin, Amanda W. – ODDAT, George W. – Inspiration, Pat. P – Where and When, Melissa – Phone

**SMIA Chair Report:** Bill L. – thanked everyone for the opportunity to serve the SMIA.

**Vice-Chair Report:** Katherine L. – Maryland General Service Assembly Meeting will be held on 3/25/23 and the MD State Convention will be held In August 4th through the 6th at the Marriot in Hunt Valley.

**Secretary Report:** Read by Tressie F. – February 2023 minutes were accepted as read with corrections.

**Treasurer Report:** Rebecca B. – 1/24/23 – 2/24/23 report provided. Deposited \$137 petty cash into the account since treasurer doesn't use cash. Monthly net assets \$18906.88 with \$1157.68 in contributions. The Treasurer's Report is available on-line at <https://somdintergroup.org/finance.html>

**Committee Reports**

**Archives:** John Z. – will set up a table at the district 35 Fourth step workshop on 4/29.

**Lifeline:** Keith not available but prepared copy and sent to Rebecca. Sixty copies of the Lifeline provided by Rebecca.

**Phone Report:** Melissa – received 18 calls (2 St. Mary's, 3 Calvert, 10 Charles) with 3 from Charles County health dept.

**Picnic:** No update.

**Serenity Breakfast:** Buddy – no update.


**Gratitude Dinner:** Buddy – no updates.

**Corrections and Treatment:** Charles County – Todd meetings are being held at the RCA Monday through Friday at 7:30 pm and Saturday at 2:00. There are no meetings being taken into jail. St. Mary's – meetings going into Anchor and Compass. Calvert – Lorraine Barstow is reopened to AA meetings and orientations are being held. Meetings are 1st and 3rd Wednesday for men and 2nd and 4th for women. except on Friday. Soft cover Big Books allowed for jail.

**PI/CPC:** St. Mary's – in good shape. Calvert – Lorraine distributing pamphlets and literature to libraries, senior centers, health department and high schools. Brenda W. has received workbooks she ordered.

**Bookstall:** Buddy – Two orders were placed to purchase Literature, 1 for the intergroup (\$595.15) and one for donation purchase for the Roundup (\$921.19). A total of 12 bookstall orders were placed 6 were for Service Committees from the districts totaling (\$396.25). There was a total of (\$170.90) collected at the meeting and a (\$28.00) Pay Pal purchase. Voted to resume Pay Pal option and Bill is looking into Square as a payment method.

**Where and When:** Pat P. – boxes have been delivered. The cost to print was \$2348.96.

|                                 |                                                                                      |
|---------------------------------|--------------------------------------------------------------------------------------|
| Total Visitors (initial visit)  | 2226– Up 8%                                                                          |
| 5 Most Frequently visited pages | Home Page – 2120                                                                     |
| Where and When Calendar- 416    |  |
| Where and When Search -246      |                                                                                      |
| On-Line Meetings - 208          |                                                                                      |
| Announcements - 152             |                                                                                      |
| Referring Sites                 | Direct                                                                               |

**Website:** Bill L. gave report:

The SMIA On-Line Bookstall had 440 new visitors since the February 2023 meeting. 10 new orders were submitted. One

is processing, 4 are on-hold, and 5 were completed.

**Site Updates and Changes**

The Area 29 Events Calendar was added to the Announcements and Events page.

**Meeting Change Information**

No additions, changes, or terminations this month

**Meeting Status**

Currently there are 130 meetings in our service area; 120 meetings are in-person, 7 meetings are hybrid, 6 meetings are on-line only, and 4 meetings are reported as suspended. Of those 4, 1 has an on-line presence.

**Document Posts and Updates**

Where and When PDF updated – 2/13/23

Mobile App 2023 4.3.1 released – 3/2/23

Lifeline posted – 3/2/23

Finance Page updated – 2/27/23

SMIA Minutes posted – 2/12/23

**Old Business** – There was only 1 nomination for SMIA Chair, so the Secretary cast one vote to elect the Chair. We still need to fill the Secretary position, so nominations will carry over to the April meeting. Tressie will continue as the Secretary into next month. Bus trip cost to Akron is too much; however, a motion was passed for the SMIA to sponsor 1 person per District to attend the Maryland State Convention. Bill will provide an online form. College scholarship was tabled.

**New Business** – Bill will begin as the Bookstall Chair in April with Jeremy the Co-Chair. Buddy would not be able to continue in this role due to his election as the SMIA Chair. Buddy offered to leave delivery address as is since he is close. Bookstall inventory will be done by Buddy prior to turnover. Tressie asked if we could make an additional donation to the church for \$600 which a motion was made and passed. Jamie asked if SMIA could fund or support workshops. Generally, the individual Districts have hosted workshops, so we could support them in funding those.

**For the Good of the Order** Bruce O. - 9 at Waldorf on 3/18, Nathan had 2 at Waldorf on 3/4, and Lorraine J., 43 at Bedouin on 3/19. Meeting adjourned with the Lord's Prayer .

# April

## Southern Maryland Intergroup Association Inc. Treasury Report

Thank  
you!

*For Your Contributions*

**\$125.00**

[www.somdintergroup.org/donate.php](http://www.somdintergroup.org/donate.php)

SMIA, PO Box 767, Charlotte Hall, MD 20622

PayPal

Southern Maryland Intergroup Association Inc.  
Statement of Financial Position  
Feb 25, 2023 - Mar 24, 2023

**Assets**

|                           |          |
|---------------------------|----------|
| Primary Business Checking | 9,534.53 |
| Prudent Reserve           | 6,300.39 |
| PayPal                    | 184.07   |
| Bookstall Cash on hand    | 100.00   |

**Total Assets 16,118.99**

**Expenses**

|                             |          |
|-----------------------------|----------|
| Bookstall                   |          |
| Donation                    | 600.00   |
| Liability Insurance         | -        |
| Lifeline Printing           | 88.53    |
| LogMeIn Communications      | 25.06    |
| Misc - Gratitude Dinner Exp |          |
| PayPal Fees/Transfers       |          |
| PO Box Rental               |          |
| Rent                        |          |
| Webmaster                   | 738.00   |
| Website Maintenance         | 99.12    |
| Where and When              | 2,348.96 |

**Total Expenses 3,899.67**

**Monthly Net Assets (3,899.67)**

Southern Maryland Intergroup Association Inc.  
Yearly Statement of Activity  
May 1, 2022 - Apr 30, 2023

**Revenue**

|                            |                     |
|----------------------------|---------------------|
| Contributions              | 8,792.00            |
| Bookstall                  | 3,635.30            |
| Where & When Contributions | -                   |
| Gratitude Dinner           | 502.00              |
| Serenity Breakfast         | 1,290.00            |
| <b>Total Revenue</b>       | <b>\$ 14,219.30</b> |

**Expenditures**

|                           |                  |
|---------------------------|------------------|
| Bookstall                 | 2,728.59         |
| Donation                  | 600.00           |
| Liability Insurance       | 267.00           |
| Lifeline Printing         | 617.03           |
| LogMeIn Communications    | 278.76           |
| Md State Tax              |                  |
| PayPal Fees               |                  |
| PO Box Rental             | 100.00           |
| Rent                      | 600.00           |
| Phone Answering Service   |                  |
| Webmaster                 | 1,475.00         |
| Website Maintenance       | 776.29           |
| Where and When            | 4,346.00         |
| <b>Total Expenditures</b> | <b>11,788.67</b> |

**Yearly Net Assets 2,430.63**





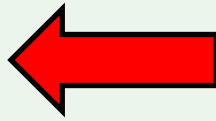
# WHERE DO WE SEND OUR CONTRIBUTIONS?

1) All contributions can be made online:  
[www.somdintergroup.org/donate.php](http://www.somdintergroup.org/donate.php)

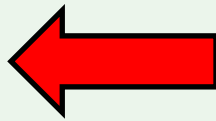
2) Or they can be mailed to the appropriate office location:

**\*\*\*PLEASE NOTE THAT GSO AND MARYLAND GENERAL SERVICE OFFICE ADDRESSES HAVE CHANGED\*\*\***

**General Service Office  
 Post Office Box 2407  
 James A Farley Station  
 New York, NY 10116-2407**



**Maryland General Service Inc.  
 P.O. Box 207  
 Benson, MD. 21018**



**Southern Maryland Intergroup (SMIA)  
 P.O. Box 767  
 Charlotte Hall, MD 20622**

**District 1 Trust Fund (Calvert)  
 P.O. Box 234  
 Barstow, MD 20610**

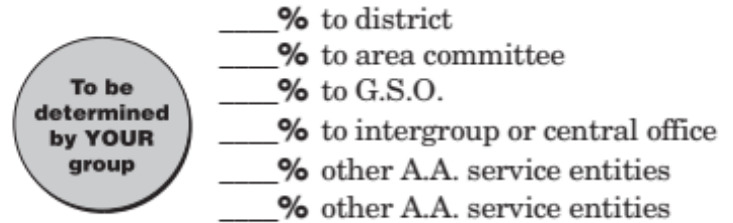
**District 35 (Charles)  
 P.O. Box 1981  
 La Plata, MD 20646**

**District 36 (St. Mary's)  
 P.O. Box 1334  
 California, MD 20619**

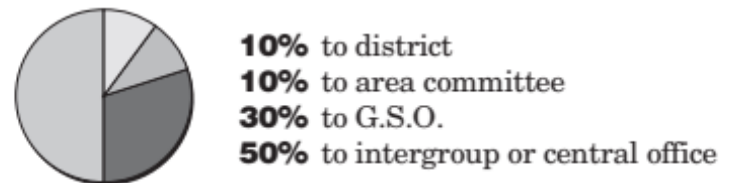
## Samples of Group Contributions to A.A. Service Entities\*

Distribution Plan of \_\_\_\_\_  
 (YOUR GROUP NAME)

Your Group Service # \_\_\_\_\_  
 (Be sure to write group name and service # on all contributions.)

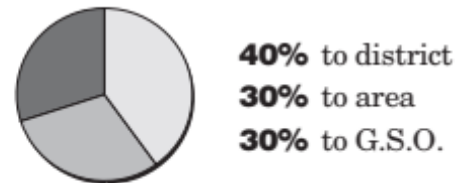


**OR**



**OR**

If you have no intergroup/central office.



## ATTENTION GROUP TREASURERS:

***\*Remember to include the 6-digit GSO Group Number on all correspondence to Maryland General Service.***

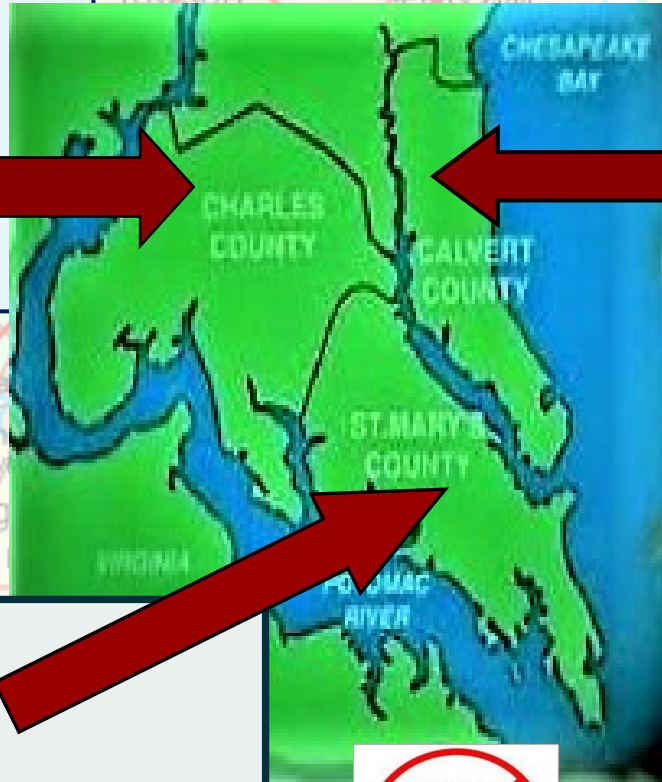
**DISTRICT 35 - CHARLES CO.**  
*Please come out and join us  
at our next District Meeting -  
the first Thursday of the  
month @ 7pm*

**Peace Lutheran Church**  
**11610 Rubina Place**  
**Waldorf MD 20602**

**Mailing address:**  
**PO Box 1981, La Plata,**  
**MD 20646**

*SERVICE KEEPS US  
SOBER*

**THE WORLD  
RECORD  
FOR SOBRIETY  
IS 24 HOURS.**



**DISTRICT 1  
CALVERT COUNTY**

**SERVICE  
OPPORTUNITIES**

- **Accessibility  
Chair**
- **Grapevine Rep**

**District Meeting:**

**7 PM, 3rd Monday**  
**St. Paul's Episc.  
Church**

**Prince Frederick, MD**  
**District 1 Trust Fund**

**PO Box 234**  
**Barstow, MD 20610**  
**[www.calvertaa.org](http://www.calvertaa.org)**



**DISTRICT 36**  
**ST. MARY'S COUNTY**  
**PO Box 1334, California, MD 20619**

**[www.district36mdaa.com](http://www.district36mdaa.com)**



# **DISTRICT NOTES**

**Please send any up-  
dates for the Where &  
When to:**  
**[smia.whereandwhen@  
somdaa.org](mailto:smia.whereandwhen@somdaa.org)**

**Current meeting guides  
are available at the  
monthly SMIA meeting  
on a limited basis.**

**The next SMIA Meeting will be held on**

**Saturday, April 8 10:00 AM**

**Join us in person @**

**Immaculate Conception Church,  
28297 Old Village Road, Mechanicsville, MD  
20659**

**Or via Zoom @**

**[https://zoom.us/j/99982597908?  
pwd=QzVLCUZrVHdacFlrYUNZN21tdkluQT09](https://zoom.us/j/99982597908?pwd=QzVLCUZrVHdacFlrYUNZN21tdkluQT09)**

**“Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.”**

**THE DEADLINE FOR ALL LIFELINE SUBMISSIONS IS THE 27th OF EACH MONTH.**



The spiritual substance of anonymity is sacrifice. Because A.A.'s Twelve Traditions repeatedly ask us to give up personal desires for the common good, we realize that the sacrificial spirit - well symbolized by anonymity - is the foundation of them all. It is A.A.'s proved willingness to make these sacrifices that gives people their high confidence in our future. [https://](https://www.alcoholicsanonymous.ie/)

[www.alcoholicsanonymous.ie/](http://www.alcoholicsanonymous.ie/)

**“There is, however, a vast amount of fun about it all. I suppose some would be shocked at our seeming worldliness and levity.”**

### **RECOVERY COACH BARNEY FIFE**

**LET'S GO OVER OUR RELAPSE PREVENTION PLAN...**

**ARE YOU KEEPING SECRETS? NIP THAT IN THE BUD.**

**ARE YOU ISOLATING? NIP IT IN THE BUD.**

**ARE YOU SKIPPING MEETINGS? NIP IT! NIP IT IN THE BUD.**



LordofLaughs.com

**“Our leaders are but trusted servants, they do not govern.”**

**Our primary purpose is to help the still suffering alcoholic. SMIA is committed to this principle and provides a 24x7 Telephone Service. We need phone volunteers! Go to our website, [www.somdintergroup.org](http://www.somdintergroup.org). Click on the Phone List link, complete the online form - this is a secure method to add your name to the 12-Step Call List. This protected information is only shared with the Phone Committee Chair. You will be amazed before you're half way through.**

It must never be forgotten that the purpose of Alcoholics Anonymous is to sober up alcoholics. There is no religious or spiritual requirement for membership. No demands are made on anyone. An experience is offered which members may accept or reject. That is up to them.

— Bill W. —

QUOTES



## **RECOVERY.**

**You must be present to win.**

### **SMIA SERVICE TEAM:**

- Chair: Bill L.
- Vice Chair: Katherine L.
- Secretary: Tressie F.
- Treasurer: Rebecca B.
- Parliamentarian: Rob A.
- Where & When: Pat P.
- Lifeline: Keith H.
- Telephone: Melissa W.
- Website: Bill L.
- Bookstall: Buddy F.
- Archives: John Z.

**The Lifeline** is an unofficial newsletter published by Southern Maryland Intergroup Association, Inc. Any opinions expressed are those of the writers. They are not endorsed by SMIA, any group or AA as a whole. Group secretaries and individuals are encouraged to send group news, anniversaries and events. Material may be edited for space and content. Please send all *Lifeline* correspondence to: [somdlife-line@gmail.com](mailto:somdlife-line@gmail.com)